



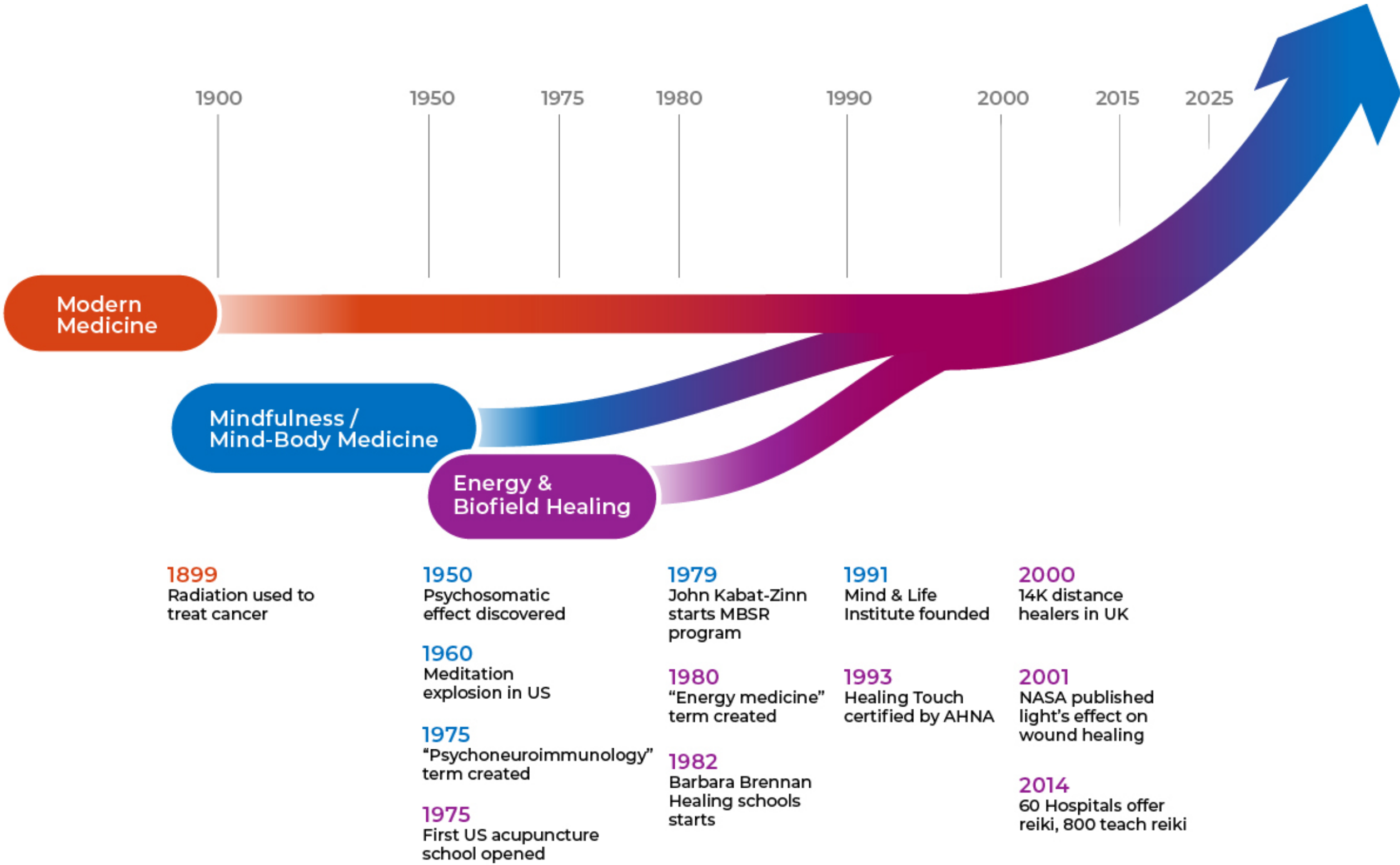
The Consciousness and Healing Initiative: Energizing Healing

Humanity awakens to our power to heal ourselves and others - preventing disease, fostering flourishing, and creating a healthier, more harmonious world.

Poised for Healing Growth

The biofield science and healing movement is in an even more advantageous spot than mindfulness was twenty years ago. Our current analysis, found in our [Systems Mapping Report](#), indicates that there are over 70,000 practitioners nationwide. Similar to the mindfulness movement, as the science base behind biofield healing and biofield devices continues to grow, the healing service, education and technology sectors will expand exponentially.

Energy/biofield healing has already been noted as the [leading positive disruptor in medicine](#), aligning with the ever-growing, [\\$4+ Trillion wellness industry](#).



Meet The Consciousness & Healing Initiative (CHI)

Dedicated to expanding the science and practice of healing.

Who We Are

A purpose driven, collaborative accelerator of scientists, practitioners, educators, and artists that lead humanity to heal ourselves.

What we Do

Illuminating how consciousness affects whole-person-healing - through Biofield Science.

“As an **Energy Healer** CHI validated, encouraged and championed the emerging science behind the benefits of energy healing ...”



OUR VALUES

Collaboration • Creative Rigor
Integrity • Service
Multiple Perspectives

Broad-Based Leadership

CHI Board of Directors



Dr. Shamini Jain
Founder & CEO



Daniel Vicario, M.D.



Cassandra Vieten, PhD



Paul Mills, PhD



Eva Patel



Dan Spinner



Stewart Borie



Lauren Evanow

Founding Partners



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The Chopra Foundation



Mimi Guaneri, MD
Miraglo Foundation



Rauni Prittinen King, RN
Guarneri Integrative Health



CHI Scientific Advisory Council

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Cheryl Ritenbaugh Ph.D., M.P.H., M.Div.
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Paul Mills Ph.D.
Marilyn Schlitz Ph.D.
Arnaud Delorme Ph.D.
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Dean Radin Ph.D.
Rudy Tanzi Ph.D.

CHI Practitioner Advisory Council

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Grace Sesma
Joel Anderson
Kenneth Cohen
Lisa Anselme
Pamela Miles
Rauni King
Shamini Jain
Tiffany Barsotti
Laurie Thorp
Mary Anne Hanley
Wendie Colter

What Is Biofield Science?

Biofield science explores the fields of energy and information that foster our healing.

Biofield science examines both the bioelectromagnetic nature of our bodies, as well as the power of subtle energy therapies and spiritual healing to foster whole person health.

Biofield science recognizes that our minds, emotions, bodies and energy are all part of an interconnected system. By tapping into the wisdom and information in our biofields, we can foster healing physically, emotionally, interpersonally and spiritually.

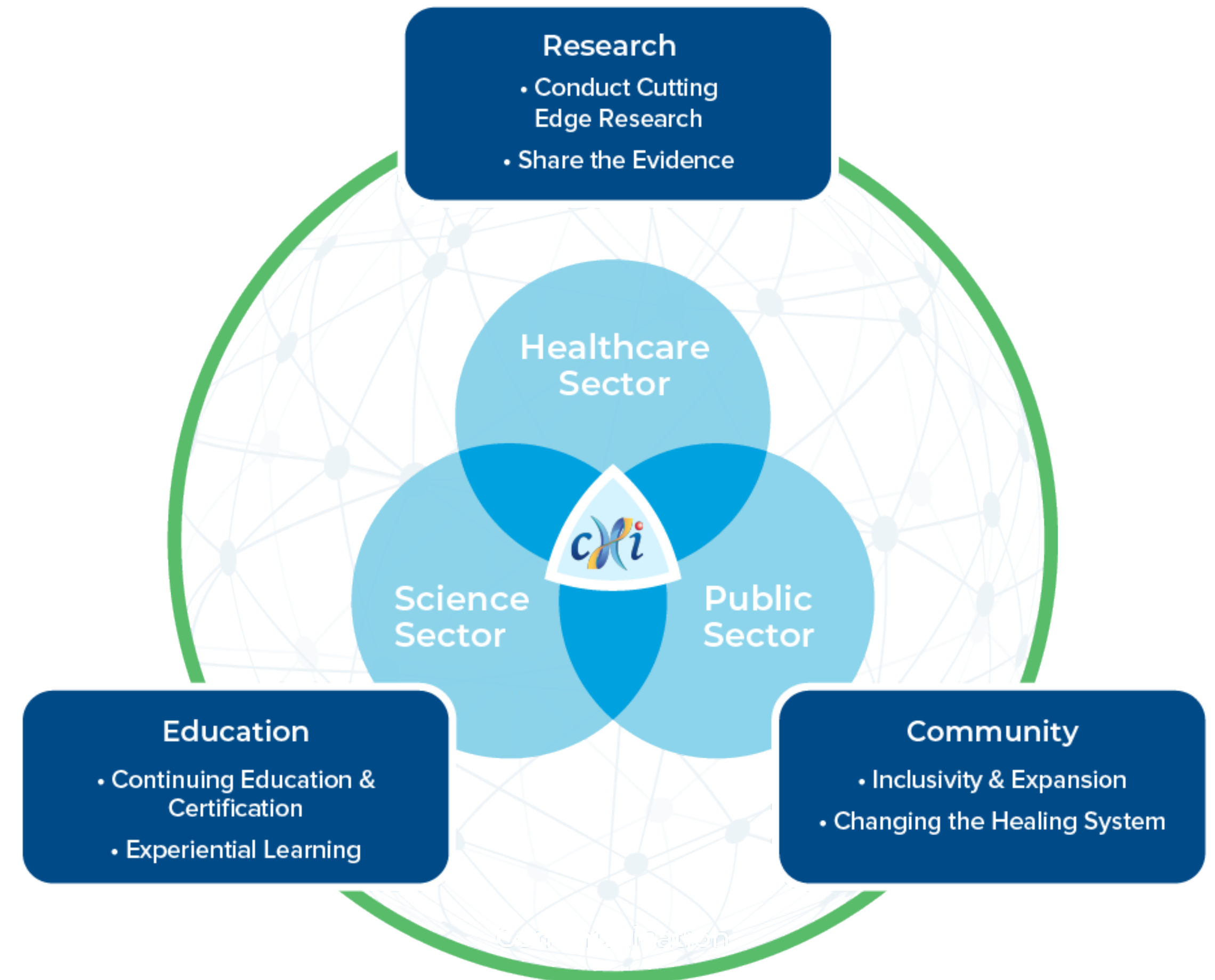
Science is showing that we are bioelectromagnetic beings that have significant power on fostering our health and the health of others. Biofields are the missing link to understanding how our consciousness affects our healing.

Our Plan

Our objective is to energize healing through science, education and community building, so that we discover our best untapped resource for healing ourselves and each other.

Our Healing Roadmap and Action Plan outlines key initiatives and action steps we must take in the next decade to bring biofield science and healing into the mainstream. By addressing transformational points in science, education and community, we can ignite and spread world-wide healing.

“I am an **ER physician** that found myself at a turning point. CHI has inspired me and given me clarity for the direction I need and want to go. Thank you with all my heart for this time to learn and love.”



Highlighted aCHievements in Science

Since we began in 2015, and obtained our 501c3 status in 2018, our impact on biofield science has been wide-ranging and profound:

Highlighting Biofield Science

Published a groundbreaking peer-reviewed, 14-article scientific special issue on Biofield Science and Healing.

Systems Change

Conducted a broad-range assessment and roadmap for systems change for biofield science and healing, outlining specific pathways toward integrating biofield science and healing into the mainstream.

Collaborative Efforts

Fostered cross-cultural collaborative research examining the impact of group meditation on EEG coherence between meditators in indigenous spiritual settings

Educating the Public

Produced and publicly shared comprehensive infographics making existing clinical research in biofield science easy to access and understand.

Scientific Research

Conducted and published scientific research in biofield and sound healing approaches for anxiety, cancer, and PTSD.



aCHievements: Community Building and Education

Public Impact

200,000+

people have been impacted by our community building and education in healing

Change Agents

Webinars and AMAs
Virtual and In-Person Summits
Scientific Special Issue
State of the Art and Science Report and Roadmap on Healing Systems Change

25K

VIEWS of 100+
Videos with Leaders
in Healing

1K+

PARTICIPANTS
at In-Person
Summits

150K+

PARTICIPANTS of
Online Summits,
Webinars and AMAs

50K

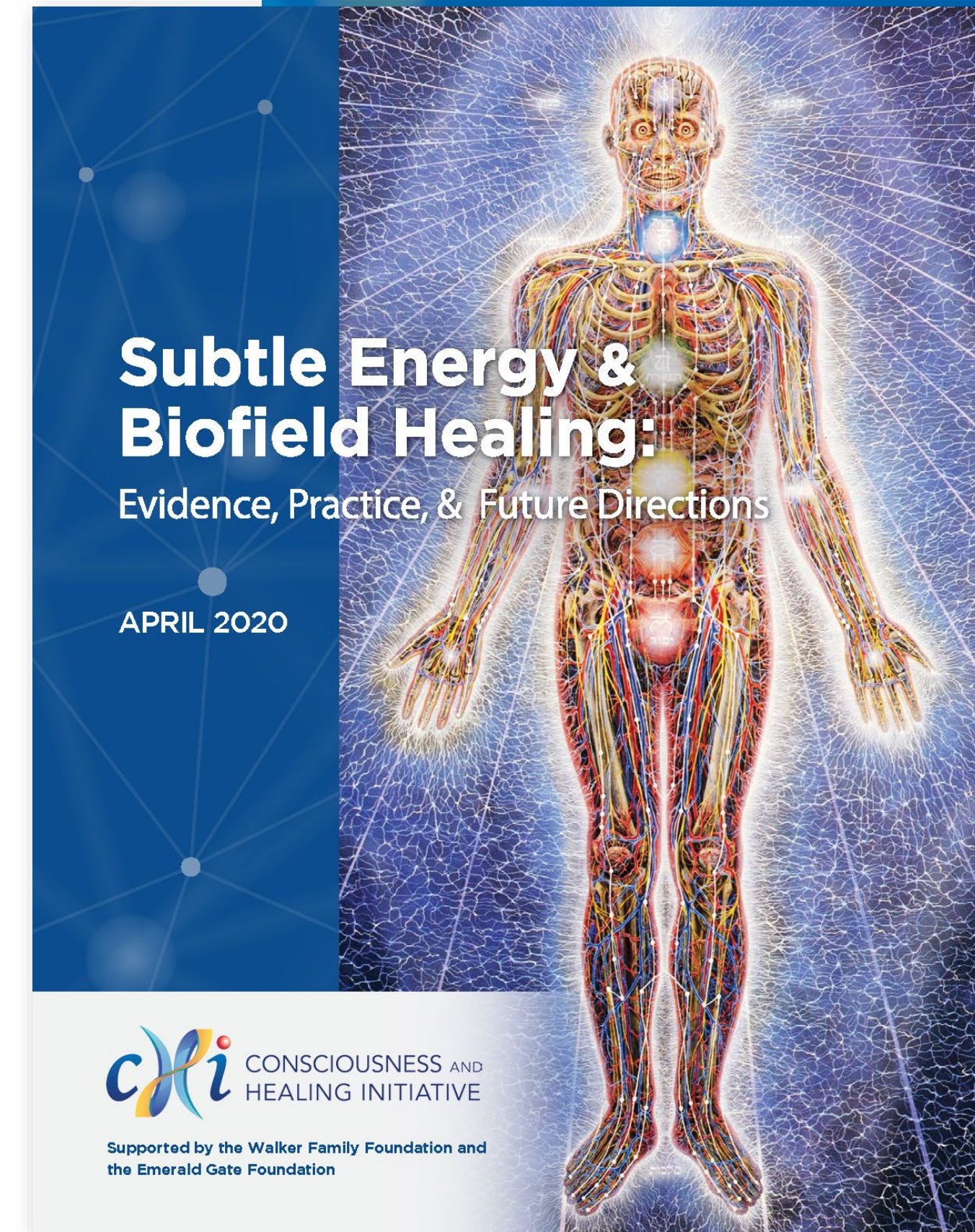
DOWNLOADS & VIEWS
of Scientific Evidence
Reports



The Evidence for Healing is Rising

Our recent groundbreaking Report on Systems Change for Healing revealed:

- About **75,000 practitioners** in the US report providing biofield healing in clinic, hospital and private settings for patient care.
- Carefully controlled research (including placebo-controlled randomized clinical trials, and pre-clinical studies with cells and mouse models of cancer) demonstrates that **biofield healing positively impact** objective measures of health – from preventing **cancer spread in the body, to alleviating pain, anxiety, and fatigue.**
- There are over **6000 peer-reviewed** published articles in biofield science, and of those 425 are clinical trials of biofield therapies (such as Healing Touch, Laying-on-of-Hands, Reiki and more) for patient care.
- There are **over 280 biofield devices** currently being marketed to healthcare professionals and patients, with variable data supporting their use.





Going Further Together

CHI synergizes stakeholders for systems change in healing, to massively expand healing worldwide.

Our collaborative is composed of highly respected, rigorous scientists, leading healing practitioners, educators who are well-placed across universities and institutions in the US and abroad, as well as seasoned practitioners and innovators.

By uniting streams of wisdom to foster biofield healing education and community, and by forwarding rigorous research in biofield science and healing, CHI's efforts allow for individuals, clinics, hospitals and communities to be fully engaged in their healing power, to heal ourselves and others.

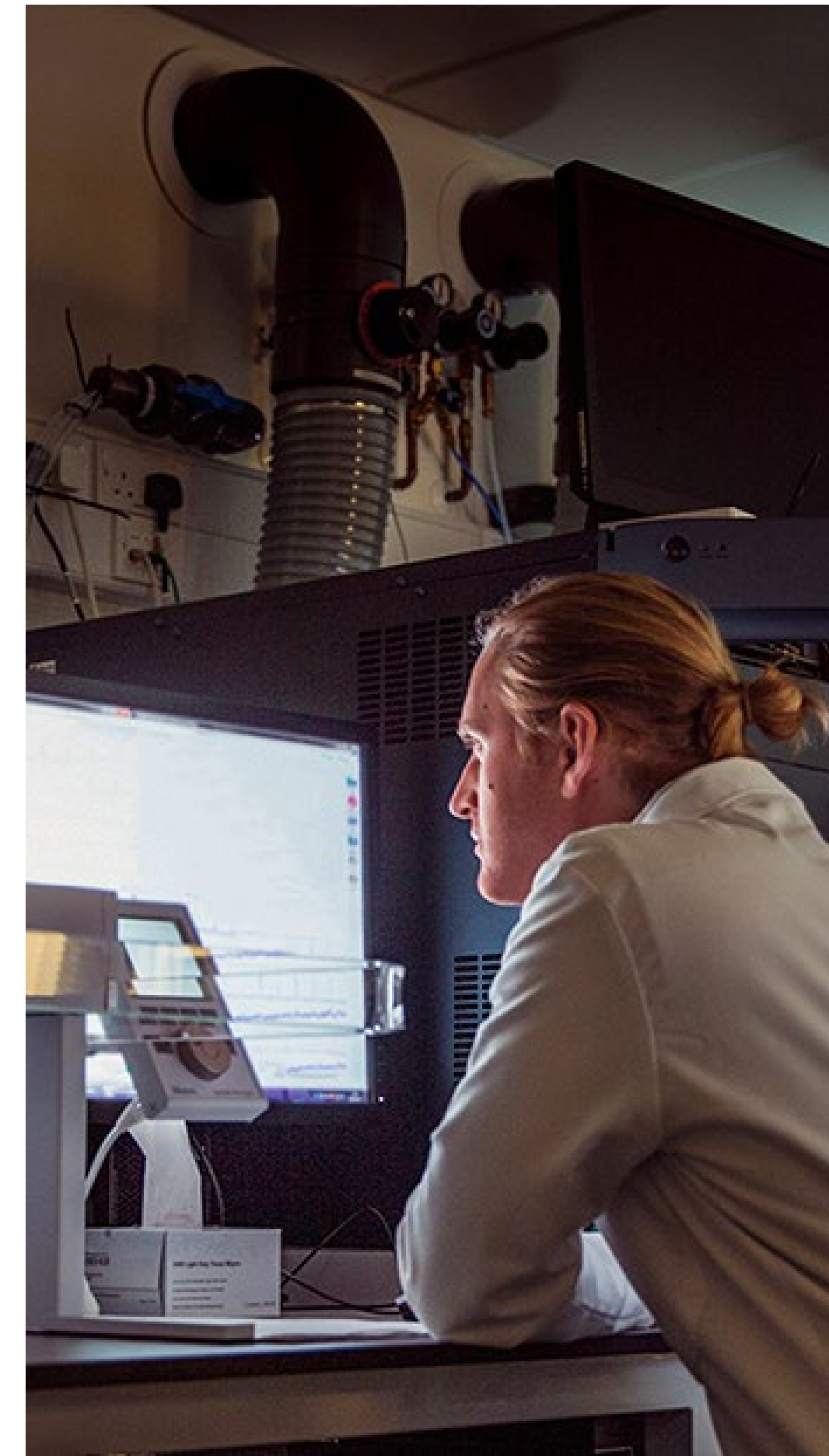


“As someone who is **working on many levels to heal cancer**, I found a wealth of info that can resource me further with some of the things I am doing - as well as giving me a better understanding of the healing process.”



Expanding Biofield Science

- Conduct **rigorous randomized clinical trials** on the impact of biofield healing on **mental and physical illness** to deploy healing for those in critical need
- Create rigorous **global research benchmarks** to elevate the impact of biofield research
- Publish Exemplary, Peer-Review Special Issue in Biofield Science and Healing



Providing Health Practitioners with Continuing Education in Healing

Our 8-session introductory Healing Ourselves Course highlights the best of evidence and practical wisdom. The course weaves together both evidence and practice in **areas including:**

- Consciousness and Healing
- Placebo
- Mind-Body (including meditation, yoga and tai-chi)
- Biofield Science – clinical, preclinical and device studies
- Self-Healing Biofield Based Exercises to foster vitality and wellbeing

Guest speakers, both leading scientists and biofield healing practitioners, will provide perspectives and practices, for a well-rounded introductory education in healing.

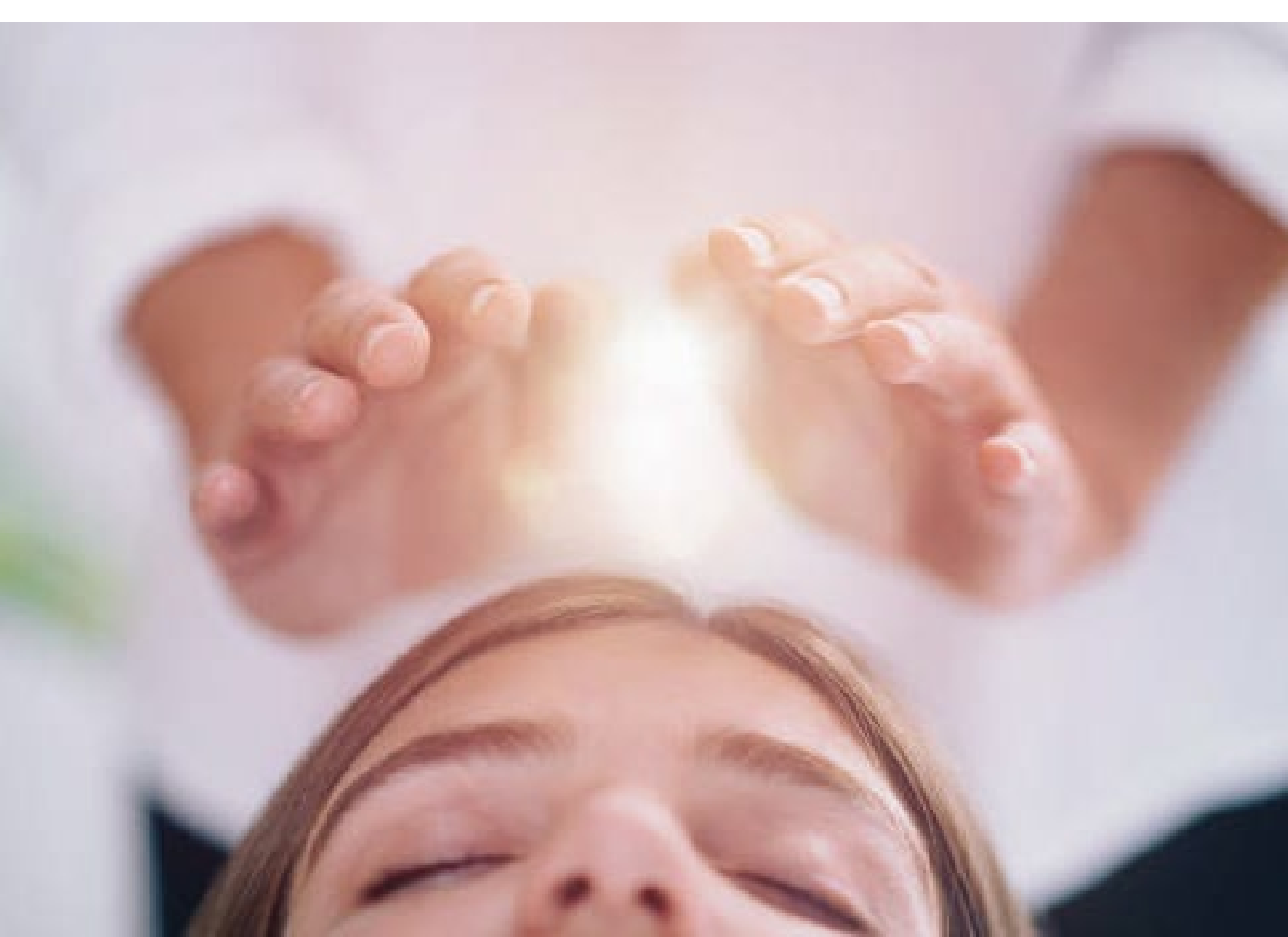
Certificate, CE and CME credits will be given to participants





Community Empowerment – Councils for Change

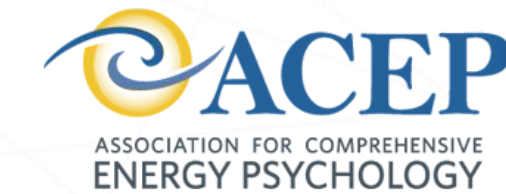
- **Scientific Advisory Council** – Biofield researcher leaders share their current research and develop collaborative research agendas; identify and address gaps in evidence creation and communication
- **Healing Practitioner Council** – address key areas of practitioner growth, including licensing/certification, education, and communication.
- **Communication Council** – develop evidence summaries, practice summaries, and key pieces of information to be shared with the public on the state of evidence and practice in biofield science and healing. Outreach to the wider public and press to provide credible information and support.



Alliance Formation

We have been working over the years with world renowned organizations to advance the science and practice of healing. Through cultivating a dedicated alliance, CHI will help mature the field of healing science and practice to facilitate thriving across communities.

“As a **business-person** bringing the ideas of better choices to leaders in organizations small and large, it is always helpful to point out where the leading edge of this work is heading. CHI demonstrates how far science is taking the concepts of leadership, and how it matters in every walk of life. Jain and friends are bringing empowerment to everyone.”



Science of Healing Course

- **Over 300 course participants & over \$80,000** in our initial 8-week launch
- 45 half-priced scholarship recipients
- Based on the success of our initial launch, we hope to evergreen the course and continue to update it with the latest research.

“This course is a beautiful, thoughtful, and thorough introduction to the science of healing. Importantly, it brings essential aspects of our well-being - consciousness and the biofield - to the forefront, bridging what ancient traditions have always known into modern day language, with practical applications, and the scientific evidence to support it. Thank you to Shamini Jain and all the staff and faculty involved in bringing this rich contribution to healthcare, the healing arts, science and medicine. Thank you also for continuing to expand the boundaries of research and whole person care.” - Jennifer Bolus



“The organization of the course is wonderful! I've done a lot of learning on my own in healing (many courses, books, webinars etc.) and it can get overwhelming. Everyone has their individual modalities and research to promote, but the big picture is always missing. This course has done a great job of helping me create a big picture/broader understanding and then also the details to back it up. It has also given me a lot of research and resources to use in the future in my own business and advocacy work. This course is monumental to help all of us become change agents and advocates in healing that is accessible and for everyone! Also, it gives us practical credentials for those of us who already have other academic degrees, but want to add to our expertise in an affordable and time manageable way.” - JS



Support Healing Growth

CHAMPION

Support a project and/or initiative in science, education and community empowerment to grow our healing impact

INVITE

Share our impact and mission with friends who may be able to support and would like to learn more

INVEST

Consider a long-term investment in our healing impact through naming us in your charitable trust, endowment or other longer-term gift-giving mechanisms.

Thank You

Dr. Shamini Jain, shamini@chi.is

The Consciousness and Healing Initiative